

City of Central Point

Recreation Guide

SUMMER 2022

CLASSES • COMMUNITY EVENTS • PROGRAMS



PARKS & RECREATION

DATE	DESCRIPTION	AMOUNT	BALANCE
JULY 1	OPENING BALANCE		100.00
JULY 2	SALES	50.00	150.00
JULY 3	SALES	75.00	225.00
JULY 4	SALES	100.00	325.00
JULY 5	SALES	125.00	450.00
JULY 6	SALES	150.00	600.00
JULY 7	SALES	175.00	775.00
JULY 8	SALES	200.00	975.00
JULY 9	SALES	225.00	1200.00
JULY 10	SALES	250.00	1450.00
JULY 11	SALES	275.00	1725.00
JULY 12	SALES	300.00	2025.00
JULY 13	SALES	325.00	2350.00
JULY 14	SALES	350.00	2700.00
JULY 15	SALES	375.00	3075.00
JULY 16	SALES	400.00	3475.00
JULY 17	SALES	425.00	3900.00
JULY 18	SALES	450.00	4350.00
JULY 19	SALES	475.00	4825.00
JULY 20	SALES	500.00	5325.00
JULY 21	SALES	525.00	5850.00
JULY 22	SALES	550.00	6400.00
JULY 23	SALES	575.00	6975.00
JULY 24	SALES	600.00	7575.00
JULY 25	SALES	625.00	8200.00
JULY 26	SALES	650.00	8850.00
JULY 27	SALES	675.00	9525.00
JULY 28	SALES	700.00	10225.00
JULY 29	SALES	725.00	10950.00
JULY 30	SALES	750.00	11700.00
JULY 31	SALES	775.00	12475.00
AUGUST 1	SALES	800.00	13275.00
AUGUST 2	SALES	825.00	14100.00
AUGUST 3	SALES	850.00	14950.00
AUGUST 4	SALES	875.00	15825.00
AUGUST 5	SALES	900.00	16725.00
AUGUST 6	SALES	925.00	17650.00
AUGUST 7	SALES	950.00	18600.00
AUGUST 8	SALES	975.00	19575.00
AUGUST 9	SALES	1000.00	20575.00
AUGUST 10	SALES	1025.00	21600.00
AUGUST 11	SALES	1050.00	22650.00
AUGUST 12	SALES	1075.00	23725.00
AUGUST 13	SALES	1100.00	24825.00
AUGUST 14	SALES	1125.00	25950.00
AUGUST 15	SALES	1150.00	27100.00
AUGUST 16	SALES	1175.00	28275.00
AUGUST 17	SALES	1200.00	29475.00
AUGUST 18	SALES	1225.00	30700.00
AUGUST 19	SALES	1250.00	31950.00
AUGUST 20	SALES	1275.00	33225.00
AUGUST 21	SALES	1300.00	34525.00
AUGUST 22	SALES	1325.00	35850.00
AUGUST 23	SALES	1350.00	37200.00
AUGUST 24	SALES	1375.00	38575.00
AUGUST 25	SALES	1400.00	39975.00
AUGUST 26	SALES	1425.00	41400.00
AUGUST 27	SALES	1450.00	42850.00
AUGUST 28	SALES	1475.00	44325.00
AUGUST 29	SALES	1500.00	45825.00
AUGUST 30	SALES	1525.00	47350.00
AUGUST 31	SALES	1550.00	48900.00
SEPTEMBER 1	SALES	1575.00	50475.00
SEPTEMBER 2	SALES	1600.00	52075.00
SEPTEMBER 3	SALES	1625.00	53700.00
SEPTEMBER 4	SALES	1650.00	55350.00
SEPTEMBER 5	SALES	1675.00	57025.00
SEPTEMBER 6	SALES	1700.00	58725.00
SEPTEMBER 7	SALES	1725.00	60450.00
SEPTEMBER 8	SALES	1750.00	62200.00
SEPTEMBER 9	SALES	1775.00	63975.00
SEPTEMBER 10	SALES	1800.00	65775.00
SEPTEMBER 11	SALES	1825.00	67600.00
SEPTEMBER 12	SALES	1850.00	69450.00
SEPTEMBER 13	SALES	1875.00	71325.00
SEPTEMBER 14	SALES	1900.00	73225.00
SEPTEMBER 15	SALES	1925.00	75150.00
SEPTEMBER 16	SALES	1950.00	77100.00

PARKS & RECREATION DEPARTMENT NEWS

Summer is back and the Central Point Parks and Recreation Team is excited for all the fun we have planned! We have some big news, our new classrooms at The Central Point Operations Building at 235 S. Haskell Street are now OPEN! We have a big teaching kitchen and two multi-purpose rooms. We will still have classes in our Rec A building on S. 4th Street as well as the classrooms above The Central Point Police Department. Please be sure and check the class locations, as many classes have moved to our new building.

This summer we have some exciting new classes like Carving on Clay with Summer Brendlinger in partnership with Crater Works and Cookie Decorating with Marne Borecki. We are happy to welcome back Rogue Music and Jenny Borchard with Carrots and Pomegranate. And back for another amazing summer is Scott Dippel, Crater Girls Basketball Coach, for a summer basketball camp for kids.

Our events are back with movies in the park at Twin Creeks, Pfaff, Don Jones and Don and Flo Bohnert Farm Parks. Don't forget the valleys biggest 4th of July celebration, that includes our Run4Freedom, parade and the Pfaff Park Freedom Festival. One of our department's favorite events, Parks and Rec Day at Don & Flo Bohnert Farm Park is back with a day filled with FREE fun, games and activities.

As always we appreciate the support and partnerships in our community. Your Central Point Parks and Recreation Team is here to answer any questions, help with any issues or just to say HI! Call us at 541.664.3321x130 or email at parks@centralpointoregon.gov anytime.

Central Point Parks & Recreation Dept.

140 S. 3rd Street | Central Point, OR
(541) 664-3321 ext 130
parks@centralpointoregon.gov



FOLLOW US @GREENPARKSCP

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Calendar of Events Park Closes

How to Register for Classes

Registration is open to all Central Point residents and non-residents (anyone located outside of the 97502 zip code). Registration is accepted on a first come, first serve basis. **Register early; many classes fill quickly.**

Classes may also be canceled if the minimum registration is not met.

Participants will be notified via text message or email if a class is canceled or rescheduled.



Online: www.centralpointoregon.gov/schedule

You can browse program listings by activity and/or location, then register and pay online. To register online you'll need to have an account set up and then pay with Visa or MasterCard. To set up an account, click "Log In/Create Account". When adding your phone number, please include your provider so that we can text you with class information, i.e. cancellations, location changes, etc.



By Phone: 541.664.3321 ext 130

You can call the Parks and Recreation Department Monday - Friday from 8:30am - 4:30pm to help you set up an account and register for recreation classes. Have the class name(s), date(s), and your Visa or MasterCard number ready to go.

Central Point Parks & Recreation | 140 S. 3rd St. Central Point | parks@centralpointoregon.gov | 541.664.3321 ext 130

Central Point Parks & Recreation Commission

Meeting Schedule

The Parks and Recreation Commission advises the City Council on matters relating to parks and recreation activities. There are seven members on this commission and they meet on a quarterly basis. Please call ahead to see if the meeting will be held in-person or online, depending on current COVID-19 guidelines.

City Council Chambers

140 S. 3rd Street | First Floor

Thursdays at 6:00pm

May 19th

Aug. 18th, Dec. 8th

Please contact the Parks and Recreation Department to confirm meeting dates.

541.664.3321 ext 130



City of Central Point Administrative Boards

City Manager

Chris Clayton

Parks & Recreation Staff

Matt Samitore

Director

Doug Norman

Public Works Supervisor

Dave Jacob

Parks Planner

Nikki Petersen

Recreation Manager

Elizabeth Blodgett

Recreation Programs Coordinator

Margarita Esparza & Lara Caldwell

Recreation Specialists

Parks Maintenance Staff

Corey Qualls

Juan Almaraz

Joshua Morkert

Tib Murillo

Mitchell Reagles

Parks & Recreation Commission

Patricia Alvarez, Chair

Dennis Browning

Lee Orr

Fran Settell

Ron Woodhead

Sharon Rogers

Steph Hendrickson

Central Point City Council

Mayor

Hank Williams

Ward I

Neil Olsen

Ward II

Kelley Johnson

Ward III

Melody Thueson

Ward IV

Taneeka Browning

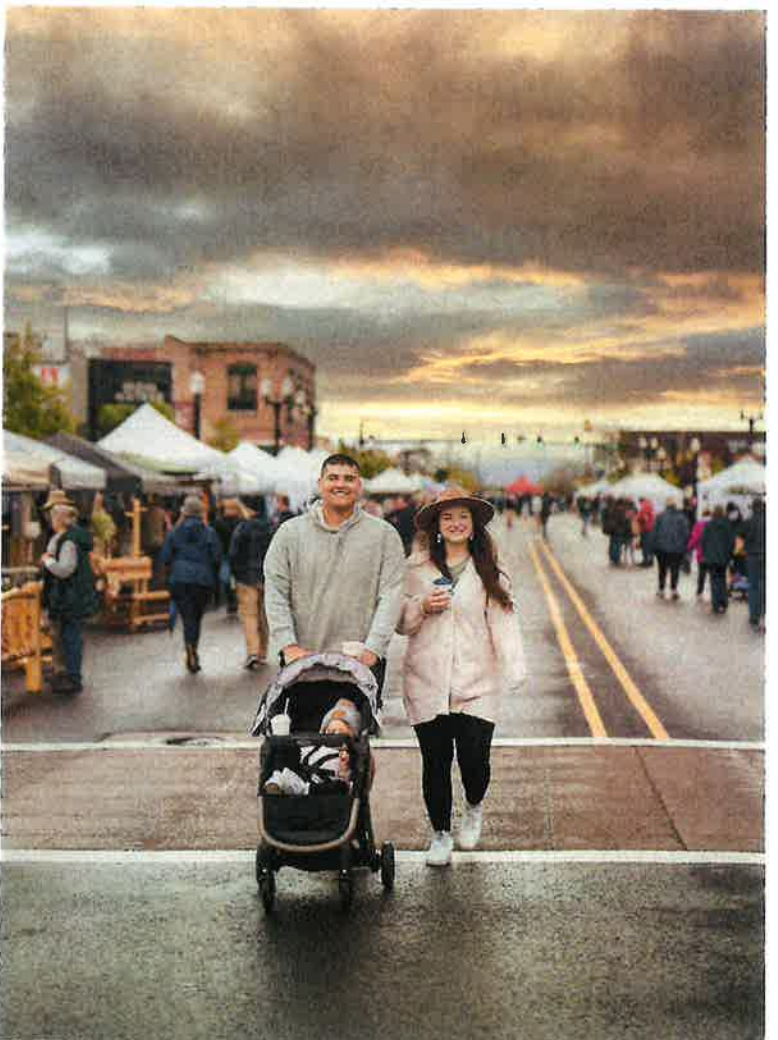
At-Large

Mike Parsons

At-Large

Rob Hernandez







Great Start to 2022
Looking forward to Summer!
Instagram Facebook Twitter
FOLLOW US @GREENPARKSCP



AGENDA

7:00AM

PANCAKE BREAKFAST

@ Grange Hall, hosted by Crater Lake Council Boy Scouts

7:30AM

RUN 4 FREEDOM 5K

Sponsored by CP Parks & Rec

8:45AM

KIDS FUN RUN

Sponsored by Anytime Fitness & CP Parks Foundation

9:30AM

PINE ST. PARADE

Route: 2nd St. to Pine St. to 8th St. to Cherry St. to Crater

10:30AM - 2:30PM

FREEDOM FESTIVAL

Free kid activities, food vendors, artisan booths, contests, and live music by **The Brothers Reed & Rogue Rage Duo** all at Pfaff Park!

4th of July

PARADE & FESTIVAL



CENTRAL POINT, OR

Visit our website at centralpointchamber.org to be part of the parade or a vendor at the Freedom Festival.

Run 4 Freedom

Runner's packets available at Twin Creeks Park on July 1st | 4PM - 8PM

5K starts @ 7:30AM

Kid's Fun Run starts @ 8:45AM

ON 2ND AND PINE STREET

Pre-Registration Required

Early Registration Rate until June 6th

16 and Under Race Free!

centralpointoregon.gov/schedule

Sponsored By:



SUMMER 2022

Movies in the PARK

FREE!



ROBERT PFAFF PARK

JUNE 3RD



DON JONES PARK

JUNE 17TH



TWIN CREEKS PARK

JULY 1ST



ROBERT PFAFF PARK

JULY 22ND



BOHNERT PARK

AUGUST 5TH



DON JONES PARK

AUGUST 19TH

MOVIES START AT DUSK

FOLLOW US ON SOCIAL MEDIA FOR INFO ON EVENT DETAILS.
MOVIES ARE SUBJECT TO CHANGE.





Made in SOUTHERN OREGON

→ Local Authentic • Handcrafted →

Celebrate and support artisans from throughout Southern Oregon, while enjoying food, music and so much more!

WHEN

New Date!

09.17.22

9:00am - 4:00pm

WHERE

Downtown
Pine Street

Central Point, OR

Vendor Space Available!

Visit centralpointoregon.gov/madeinsouthernoregon



COMING
SOON!

WWW.CENTRALPOINTOREGON.GOV

COME & CELEBRATE

Central Point PARKS & RECREATION DAY

Join us for a free day of fun to celebrate all things Parks & Recreation!
We will have instructor demonstrations, crafts, games & much more.

DON & FLO BOHNERT FARM PARK

06.25.2022

9:00AM - 1:00PM

PARKS
& RECREATION

Have a classic car you like to show off?

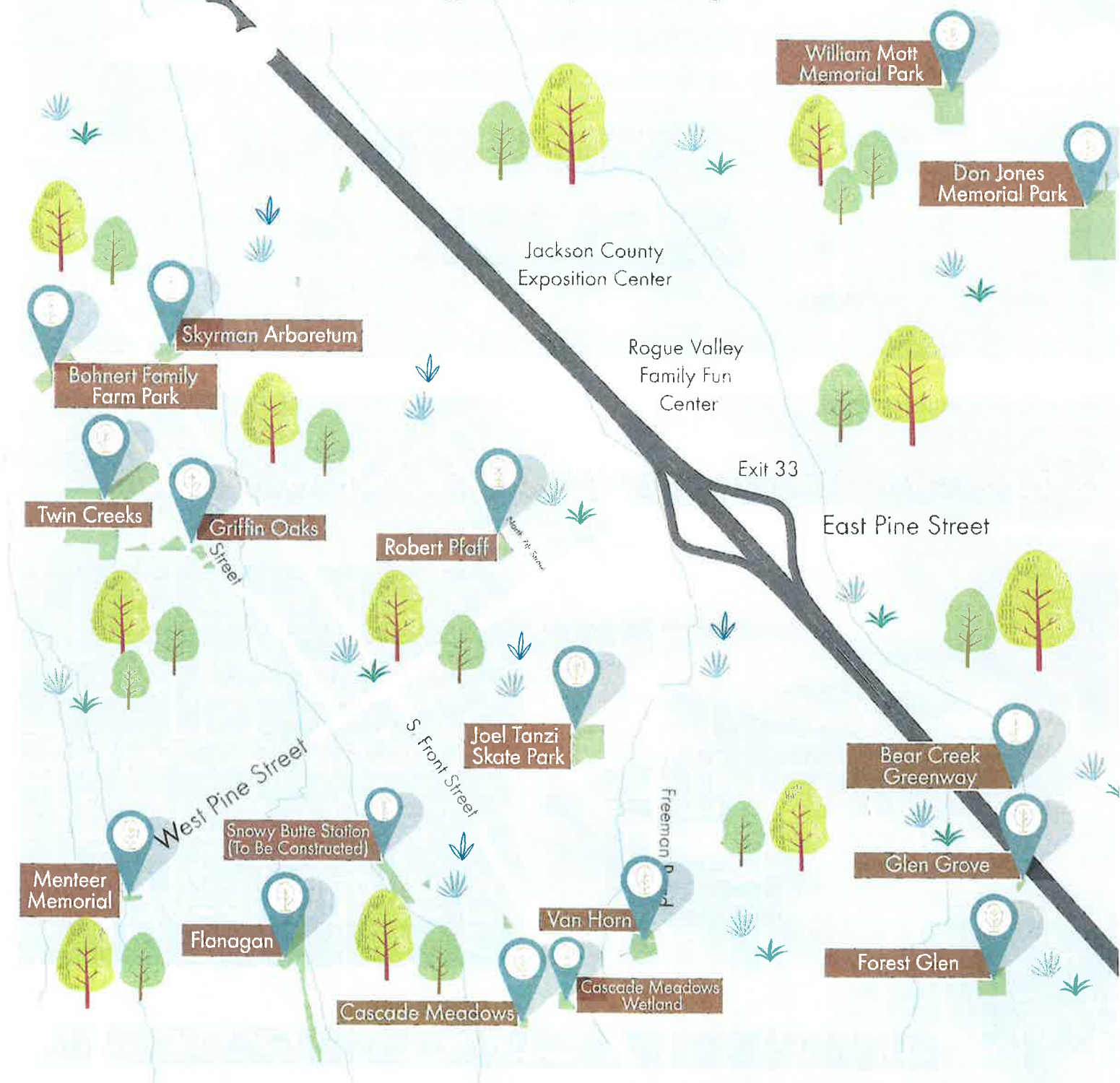
JOIN US AT THE
**2022 D.A.R.E.
SHOW & SHINE
AND CRUISE!**
SATURDAY, 8/6/2022



SEE CPPD'S FACEBOOK OR CALL 541-664-5578 FOR MORE INFO.

Central Point Parks Map

@greenparkscp



Park Updates

CENTRAL POINT CEMETERY UPDATE:

Ownership of the Central Point Cemetery was transferred to the City of Central Point in December 2021. The city took on the responsibility of ownership because the facility had not been well maintained for many years. The first priority will be to develop a regular maintenance schedule to keep the grass and weeds in check. One of our longer term goals is to begin repairing damaged headstones.

On April 6th, Dirk Siedlecki and John McGlothlin of the Friends of the Jacksonville Cemetery offered a headstone repair workshop for City of Central Point Parks and Public Works employees. This workshop provided a basic overview on doing simple repairs such as straightening leaning headstone and touched on issues related to safely handling what can be very heavy and brittle stones. The information provided was very helpful and four headstones were repaired during the event. Dirk and John will offer another repair workshop for volunteers in the near future which will also include information on cleaning headstones.

Dave Jacob, Cemetery Director, is in the process of creating a volunteer program for the facility which we hope to institute by late spring or early summer. There are three areas where we need assistance:

Headstone Repair: Volunteers will receive training as described above. The hope is to have a small group who will commit to doing the manageable repairs that are needed throughout the cemetery.

Adopt-a-Block: Volunteers will be asked to adopt specific sections of the cemetery with the goals of cleaning the areas at least two to three times during the year. The priority would be to have the cemetery looking its best prior to Veterans Day and Memorial Day.

Cemetery Inventory: Volunteers will be asked to collect information, including digital photos, of all burials sites. This information will become part of a database that will allow cemetery staff to track damage to headstone and to prioritize repairs.

If you're interested in any of these opportunities or have questions about the cemetery, contact Dave Jacob at 541.423.1012 or email dave.jacob@centralpointoregon.gov



BEFORE



AFTER

ROBERT PFAFF PARK RESTROOM:



A new restroom has been installed at Robert Pfaff Park. The existing facility was built in the 1950s and was long overdue for replacement. Vandalism had been a major problem with the old building. The new structure, constructed by the CXT Company, is made of cast cement and designed for park use. The city has several of these restrooms in other parks and they have held up well over the years. Funding for the new building is from the Central Point Development Commission which manages urban renewal projects and funding.



OREGON FALLEN WAR HEROES MEMORIAL & DENNIS RICHARDSON MEMORIAL:



On April 14th, the Central Point City Council awarded a contract to Knife River Corporation to build the Dennis Richardson Memorial and to restore the Oregon Fallen War Heroes Memorial. The Richardson Memorial celebrates the life of long-time Central Point resident, Dennis Richardson. Mr. Richardson served in the military as helicopter pilot during the Vietnam War. He also served on the Central Point City Council; was a six term legislator in the Oregon House of Representatives; ran for Governor in 2014; and, finally, was elected as Oregon's Secretary of State in 2014.

Following his death in 2019, there was strong community support to honor his life of service and a design for a memorial located next to the Oregon Fallen War Heroes Memorial was approved by city council. The memorial will provide a place for quiet contemplation and will be located at Don Jones Memorial Park next to the Oregon Fallen War Heroes Memorial.

Mr. Richardson was also the catalyst for the construction of the Oregon Fallen War Heroes Memorial. The memorial was completed and dedicated on Memorial Day 2013. Its purpose is to commemorate all those Oregonians who gave their lives in service to their country from the Civil War through Operation Enduring Freedom in Afghanistan. The restoration of the memorial will include replacing all landscaping, adding new lighting, and creating an area to hold Veteran's Day and Memorial Day ceremonies. We expect work to be completed on both facilities prior to Veterans Day 2022.

Daffodil Poetry & Art Contest

A Great Success!

-Eden Foster, Central Point Foundation Board Member-

The inaugural daffodil-inspired poetry and art contests brought wonderful submissions from students across the valley. The poetry contest, open to elementary students, was graciously sponsored by the Central Point Friends of the Library and was judged by a panel of poets, writers and retired teachers. The art contest, open to middle and high school students, was judged by the contest's sponsors, the Table Rock Kiwanis Club. All of the submitted artworks and many of the poems are on display in the lobby of the Central Point City Hall.

If you would like to be kept informed about Central Point's Daffodil Project, our fall planting dates and future programs, please send your email to: centralpointdaffodils@gmail.com. Help us to continue to beautify Central Point, build community, and raise funds for the Central Point Parks and Recreation Foundation, the sponsoring organization for the project.

— Art Contest Winners —



Clara, Grade 11, Central Point

2nd Place Winner

1st Place Winner



Bri, Grade 10, Central Point



Ari, Grade 9, Central Point

2nd Place Winner



Esmé, Grade 8, Medford

3rd Place Winner



Elliot, High School, Ashland

3rd Place Winner

Poetry Contest Winners



On the Side of the Road, Where
Yellow flowers Grow and
Where Green leaves Shine,
I Love the way the flowers
bloom! The way they glimmer
and Shine. Now I will finally tell
You what I have been talking about,
I have been talking about
the veryvery Pretty Daffodils,
But now it is time for me to go.



Daffodil

By Chiana Williamson



You're as pretty as a daffodil.
As happy as bee.
You're as kind as a hummingbird
Who drinks nectar from a tree.
You're as clever as a crow.
Who is always on the go.
You're as curious as a dolphin.
Who has a family to love and be in.
And after all of that,
You are that and much, much more.
You are a daffodil at heart.

I Love Daffodils

by Izabella de Rueda

I love daffodils
daffodils are pretty
And if they grow on
a tree then I would
be so happy And if
I was always happy
then I would look
like a daffodil.



Daffodil

Daffodils, daffodils, in sun the path,
And golden to look the day,
And up to heaven, and the sun, and the moon,
The world is made, and the heart is true,
The heart is true, and the heart is true.



Surrounded by Green

Surrounded by green
these yellow things
basking in the sun

Surrounded by green
these beautiful things
see the children have fun

Green is the grass
yellow daffodils
come back after winter chills

Throughout the spring
the children sing of rolling yellow hills
and it's all thanks to those yellow daffodils

Daffodil

lemon, yellow

planning, sprouting, blossoming

they like a fluffy mermaid's

Nature



Here and there I like to say
but in every which way I love
the sight yellow and bright
So shout it out hurra for
daffodils! Amazing thing true color in all
daffodils rock with a crack and with
mud! So stop for a moment and look
around town 1,000 daffodils planted
this year so we all cheer!



Daffodil Fire Truck

My daffodil fire truck sprays out
daffodil fires

My daffodil fire truck helps people



THE CITY OF
CENTRAL POINT
20 22
SUMMER
Camps

JUNE

06.20 - 06.24

Challenger Soccer Camp
Ages 3-14
Secret Agent Week
Ages 6-12

06.27 - 07.01

Junior Picasso Week
Ages 6-12
Tennis Camp
Ages 6-12

07.03 - 07.08

Let's Get Messy Week
Ages 6-12

07.11 - 07.15

Rowdy's Ocean Adventures Week
Ages 6-12

07.18 - 07.22

Rowdy's Rockin' Games Week
Ages 6-12

JULY

07.18 - 07.21

Baking Extravaganza Camp
Ages 9-14

07.18 - 07.21

Core Cooking Camp
Ages 7-14

07.18 - 07.22

Tennis Camp
Ages 6-12

07.18 - 07.22

Basketball Camp
Ages 5-8 & 9-12

07.25 - 07.29

Going Green Week
Ages 6-12

08.01 - 08.04

Core Cooking Camp
Ages 7-14
Culinary Trip Around the World
Ages 9-14

AUGUST

08.01 - 08.04

Rogue Valley Lacrosse Camp
Ages 7-14

08.01 - 08.05

Junior Builder's Week
Ages 6-12

08.08 - 08.12

Tennis Camp
Ages 6-12
STEAM Week
Ages 6-12

08.15 - 08.19

Disney Week
Ages 6-12

08.22 - 08.26

Out of this World Week
Ages 6-12

08.29 - 09.02

The Wild West Week
Ages 6-12

To Register:

YOUTH PROGRAMS

ROWDY THE RACCOON'S SUMMER DAY CAMPS!

NEW!

Ages 6 to 12

Come spend your summer with Central Point Parks and Rec! Our summer-long day camps include crafts, outside play, STEAM, virtual travel and weeks of fun and activities. Each week is a different theme that will make learning fun and exciting. Our summer day camps are for ages 6-12, sign up for one week or get a discount if you sign up for multiple weeks. The first 20 kids to register for a camp get a free Rowdy the Raccoon gift bag!

INSTRUCTOR: Parks & Rec Staff

LOCATION: REC A Classroom | 405 S. 4th St.

TIME: 9:00am - 5:00pm

BEFORE CARE: 7:30am - 9:00am | \$25.00

S1: Secret Agent Week

June 20th - June 24th | M - F | \$150.00

S2: Junior Picasso Week

June 27th - July 1st | M - F | \$150.00

S3: Let's Get Messy Week

July 5th - July 8th | Tu - F | \$120.00

S4: Rowdy's Ocean Adventures Week

July 11th - July 15th | M - F | \$150.00

S5: Rowdy's Rockin' Games Week

July 18th - July 22nd | M - F | \$150.00

S6: Going Green Week

July 25th - July 29th | M - F | \$150.00

S7: Junior Builder's Week

August 1st - August 5th | M - F | \$150.00

S8: STEAM Week

August 8th - August 12th | M - F | \$150.00

S9: Disney® Week

Aug. 15th - Aug. 19th | M - F | \$150.00

S10: Out of this World Week

Aug. 22nd - Aug. 26th | M - F | \$150.00

S11: The Wild West Week

Aug. 29th - Sept. 2nd | M - F | \$150.00



S.T.E.M. BUILD AN ELECTROMAGNET

Age 3+ w/parent

Build your own electromagnet using copper wire, electrical tape, a nail and a battery. Powerful enough to pick up a string of paperclips or thumb-tacks, but NOT strong enough for CARS! We will also experiment using in-class discussion on how to make the electromagnet EVEN MORE POWERFUL!

INSTRUCTOR: Bugs R Us

TIME: 3:00pm - 4:00pm

LOCATION: Skyman Arboretum

S1: June 25th | Saturday | \$10.00



ROCKS, MINERALS & FOSSILS

Age 3+ w/parent

We cover the basics of types of rocks and minerals, including fossils and have an in-depth discussion about how we use minerals in everyday life... oils, plastics, salt, etc. Oregon geology is highlighted. The creation of fossils are also discussed. Participants receive free rock samples for their own collections at the end.

INSTRUCTOR: Bugs R Us

TIME: 3:00pm - 4:00pm

LOCATION: Skyman Arboretum

S1: July 9th | Saturday | \$7.00

JUNIOR NATURALISTS CAMP

Ages 6-12

A full week of NATURE with BUGS-R-US. 2 different themes PER DAY for 5 days. CAMP #1 is DIFFERENT than CAMP #2. We'll learn about Mammals, Fish, Birds, Reptiles and Amphibians along with Worms, BATS, Australian Animals, Rocks, Owls and Pond Life. A different NATURE CRAFT will be included each day! Bring a snack and a thirst for NATURE LEARNING!

INSTRUCTOR: Bugs R Us

TIME: 9:00am - 12:00pm

LOCATION: Skyman Arboretum

Camp #1:

July 11th - July 15th | M - F | \$85.00

Camp #2:

July 25th - July 29th | M - F | \$85.00



S.T.E.M. DINOSAURS

Age 3+ w/parent

Go BACK IN TIME and learn about 15 different species of well-known dinosaurs! The HISTORY of Dinosaurs is discussed as we explore REAL fossils, pettable TEETH and CLAWS and get to FEEL what the skin of certain dinosaurs was like. Learn what era these creatures came from, LIVING dinos TODAY and at the conclusion of the program, each visitor will get to do a DINOSAUR-FOSSIL dig and get to TAKE HOME what-ever or whom-ever you might find!

INSTRUCTOR: Bugs R Us

TIME: 3:00pm - 4:00pm

LOCATION: Skyman Arboretum

S1: August 27th | Saturday | \$10.00

REGISTER TODAY!

Challenger International Soccer Camps teach a fun, technical, and tactical based curriculum, inspired by the world's leading soccer nations.

With an all-new curriculum for 2022, your child will improve their game, make new friends, and learn from highly-skilled coaches who will encourage your child to have fun and become a well-rounded player.



Central Point Parks and Recreation

JUNE 20 - JUNE 24

Twin Creeks Soccer Fields
Central Point, OR 97502

Check online for more details.



Contact:
Leandro Barge
916-272-7542
lbarge@challengersports.com



CHALLENGER
SPORTS™

ChallengerSports.com

*The largest soccer camp
company in North America*

ROGUE VALLEY NEW! LACROSSE CAMP!

Ages 7 to 14

Boys and Girls be a part of the first ever Lacrosse Camp in Central Point hosted by the Rogue Valley Youth Lacrosse Association. Campers will learn the history and fundamentals of America's First Sport. Daily contests and prizes. No experience is required. Campers should dress for athletics, bring a water bottle and a snack. Campers to provide their own Lacrosse equipment. Both boys and girls checklists for equipment can be found at uslacrosse.com. Equipment is also available for loan.

INSTRUCTOR: Mark Brown

TIME: 9:00am - 12:00pm

LOCATION: Civic Fields | Twin Creeks Park
S1: Aug. 1st - Aug. 4th | M - Th | \$105.00

SLAM DUNK BASKETBALL CAMP! FOR BEGINNER PLAYERS

Ages 5 to 8

Come dribble with Coach Dippel. Boys and Girls are welcome. We will work on the introductory skills for basketball. Players will work with ball handling, passing, and shooting. Players will also gain a basic understanding of "on ball" defense and play many small size games. **WHAT TO BRING:** Court shoes, water bottle, and a junior size 27.5" indoor or outdoor basketball (we will also have basketballs available).

INSTRUCTOR: Scott Dippel

LOCATION: Central Point Elementary Gym

TIME: 1:00pm - 3:00pm

S1: July 18th - July 22nd | M - F | \$75.00

SLAM DUNK BASKETBALL CAMP! FOR INTERMEDIATE PLAYERS

Ages 9 to 12

Come dribble with Coach Dippel. Boys and Girls are welcome. Players will be introduced to more intermediate level skills. Camp will focus on individual skills such as ball handling, passing, shooting, and on ball defense. Camp will also introduce beginning team offense and defensive skills. **WHAT TO BRING:** Court shoes, water bottle, and a junior size 28.5" indoor or outdoor basketball (we will also have basketballs available).

INSTRUCTOR: Scott Dippel

LOCATION: Central Point Elementary Gym

TIME: 3:00pm - 5:00pm

S1: July 18th - July 22nd | M - F | \$75.00

TENNIS CAMP!

Ages 6 to 12

Join Parks & Rec this Summer for some fun while learning to play tennis. This course introduces players to the basics of tennis. Skills covered will include forehand, backhand, volleys, and serving as well as score keeping and court etiquette. Racquets are available or bring your own. We will provide the tennis balls; you bring water and a smile!

INSTRUCTOR: Parks & Rec Staff

LOCATION: Robert Pfaff Park | Tennis Court

S1: Jun. 27th - July 1st | 9am-10am | \$5.00

S2: Jun. 27th - July 1st | 10am-11am | \$5.00

S3: July 18th - July 22nd | 9am-10am | \$5.00

S4: July 18th - July 22nd | 10am-11am | \$5.00

S5: Aug. 8th - Aug. 12th | 9am-10am | \$5.00

S6: Aug. 8th - Aug. 12th | 10am-11am | \$5.00



TIE DYE DESIGN

Ages 6 to 12

Join us for this fun filled day of learning how different folds, twists, and banding create different designs with tie dye! We will provide a bandanna for each student as well as the dye. Please bring your lunch, creativity and a smile!

INSTRUCTOR: Misti King

TIME: 9:00am - 4:00pm

LOCATION: REC A Classroom

S1: July 16th | Saturday | \$45.00

LEGO® SPACE RACE

Ages 6 to 12

Join us for this fun filled Space LEGO camp where we will learn how to build all things space! Think planets, (How do we make them round?!) stars, ships, and more! Please bring your lunch, creativity and a smile!

INSTRUCTOR: Misti King

TIME: 9:00am - 4:00pm

LOCATION: REC A Classroom

S1: June 25th | Saturday | \$45.00



LEGO® WILD ANIMALS

Ages 6 to 12

Join us for this Wild LEGO camp where we will learn how to build wild animals and implement fun features within them. Can we add moving eyes, ears, or mouth? Find out in this day long camp! Please bring your lunch, Creativity and a smile!

INSTRUCTOR: Misti King

TIME: 9:00am - 4:00pm

LOCATION: REC A Classroom

S1: August 27th | Saturday | \$45.00



MY FIRST MUSIC CLASS

Ages 4 to 6

Our class will introduce rhythm, melody, and basic theory concepts to children ages four to six in a fun, safe, and welcoming environment. Have fun with us as we count rhythm on drums, explore melodies on xylophones and learn to identify music symbols such as the treble clef and bass clef. Please bring a folder for handouts. Snacks provided.

INSTRUCTOR: Rogue Music Lessons

TIME: 12:00pm - 12:40pm

LOCATION: Haskell Room 3

S1: June 9th | Thursday | \$20.00

S2: June 16th | Thursday | \$20.00

S3: June 23rd | Thursday | \$20.00

S4: June 30th | Thursday | \$20.00

S5: August 4th | Thursday | \$20.00

S6: August 11th | Thursday | \$20.00

S7: August 18th | Thursday | \$20.00

S8: August 25th | Thursday | \$20.00



I CAN PLAY GUITAR!

Ages 7 to 14

Learn the fundamentals of guitar in a fun, low-pressure environment! Students will learn the most common guitar chords and rhythms and how to play their favorite songs. This class is intended for aspiring musicians aged 7-14 yrs, and is perfect for anyone who has never played guitar before or for students who have had trouble with traditional guitar lessons in the past. If students have their own guitar they should bring that with them, if they need a rental guitar they simply need to contact us at (541) 292-4247 when they sign-up to reserve their rental instrument.

INSTRUCTOR: Rogue Music Lessons

TIME: 4:15pm - 5:00pm

LOCATION: Haskell Rm 3

S1: June 7 - June 28th | Tuesday | \$60.00

S2: Aug. 2 - Aug. 23rd | Tuesday | \$60.00



If your child has been wanting to learn how to ice skate, this summer is their chance! We will be offering four weeks of recreational skating camps. These camps will have a mix of activities both on and off the ice. On the ice our goal will be focused primarily on helping skaters learn the foundations of ice skating in a fun and safe manner. Off the ice we will spend time playing games, doing crafts and more.

Recreational Ice Skating Summer Day Camps

Dates:

Jul 5th - Jul 8th

Jul 25th - Jul 29th

Aug 22nd - AUG 26th

Aug 29th - Sept 2nd

8am - 3pm Daily

Cost: \$145 for 1 week

OR \$250 for any 2 weeks

of skating camps

The RRRink
1349 Center Drive
Medford, Oregon 97501
541.770.1177

STORY TIME!

It's story time and Central Point Parks & Recreation needs your help! Let's create one together. Parents, please send us your child's stories by July 15th to parks@centralpointoregon.gov. The winning story will be featured in our Fall Recreation Guide and will win a special prize!

Rowdy and Rosie the Raccoons are officially ready for summer! They have decided this summer to start their adventures at _____ . This is one of their favorite places to visit & they always make sure to bring _____ when they arrive. In Rowdy's bag he packed his favorite _____ and his trusty _____ .

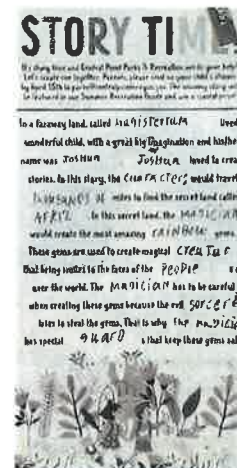
When Rosie is getting ready to go she brings her _____ . She never forgets to pack her _____ , along with her _____ that is always in hand. They finally arrive at _____ the first thing they do is _____ . After a full day of fun and _____ , they decide to grab lunch and eat at _____ . After a long day of _____ , they decided to head home in their _____ , of course it is Rowdy's favorite color _____ . Rowdy and Rosie had such a great trip and they are so _____ to visit more fun _____ this summer!



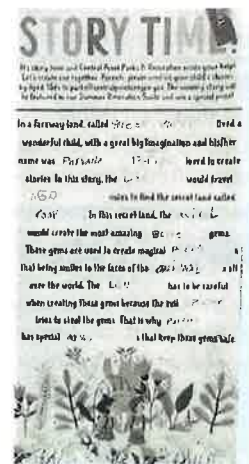
STORY TIME Contest Winners! WINTER/SPRING 2022



Kas (page 6)



Jessica (page 10)



Caleb (page 9)

SCIENCE AND COOKING NEW!

Ages 7 to 14

We will learn about the science of baking and do some fun experiments! We will be working with baking soda, yeast and more! We will be making some different breads! Kids will learn all about knife skills, food safety and more. Each child will take home recipes!

INSTRUCTOR: Jenny Borchard

TIME: 9:00am - 1:00pm

LOCATION: Haskell Rm 1

S1: July 22nd | Friday | \$55.00

CRAFT AND COOK NEW!

Ages 7 to 14

We will be having fun as we cook and craft! We will be tie dyeing aprons as we make tie dye cupcakes and appetizers with hand painted boards and more! Kids will learn kitchen safety, knife skills and more. They will take home an apron and board and recipes!

INSTRUCTOR: Jenny Borchard

TIME: 9:00am - 1:00pm

LOCATION: Haskell Rm 1

S1: August 5th | Friday | \$55.00



SUMMER PICNIC NEW!

Ages 7 to 14

We will be making some fun picnic dishes and finger foods your child can bring to summer picnics! Pasta salad, hummus wraps and watermelon cookies.

INSTRUCTOR: Jenny Borchard

TIME: 5:00pm - 8:00pm

LOCATION: Haskell Rm 1

S1: June 25th | Saturday | \$40.00

CORE COOKING CAMP!

Ages 7 to 14

Join us for an action packed kids cooking camp that will empower your child with the skills needed to make healthy snacks, breakfasts, lunches, and dinners. Camps run 4 days in a row for 3 hours each day. Our day camps often include extra fun activities like cooking contests, fun fitness activities, nutrition games, cooking videos, and more. Camp includes full bound recipe and activity book!

INSTRUCTOR: Jenny Borchard

LOCATION: Haskell Rm 1

S1: July 18th - July 21st | M Tu W Th | 9:00am - 12:00pm | \$154.00

S2: Aug. 1st - Aug. 4th | M Tu W Th | 2:00pm - 5:00pm | \$154.00



BAKING EXTRAVAGANZA NEW!

Ages 9 to 14

This will be a super fun baking camp. We will be making specialty desserts like mini cakes, cookies and pastries! At the end of camp, there will be a mystery box challenge where students will be showing off their skills they learned. This camp is perfect for your budding baker!

INSTRUCTOR: Jenny Borchard

TIME: 2:00pm - 5:00pm

LOCATION: Haskell Rm 1

S1: July 18th - July 21st | M-Th | \$154.00

COOKING AROUND THE WORLD NEW!

Ages 9 to 14

Take a culinary trip around the world! We will be making foods from countries such as Italy, Japan, Morocco and Thailand! At the end of camp, there will be a mystery box challenge where students will be showing off their skills they learned. Your child will have a blast on this delicious adventure!

INSTRUCTOR: Jenny Borchard

LOCATION: Haskell Rm 1

TIME: 9:00am - 12:00pm

S1: Aug. 1st - Aug. 4th | M - Th | \$154.00



BREAKFAST CLUB NEW!

Ages 7 to 14

Come learn some of your favorite coffee shop treats. We will be making scones, frappuccino's and breakfast sandwiches. We will learn knife skills, food safety and more kitchen skills. Each kiddo will bring home the recipe and the skill to fix a yummy breakfast for the family!

INSTRUCTOR: Jenny Borchard

TIME: 10:00am - 1:00pm

LOCATION: Haskell Rm 1

S1: June 25th | Saturday | \$40.00

DINNER CLUB NEW!

Ages 7 to 14

Taco night! We will be making homemade tortillas with all the fixin's. We will learn knife skills, food safety. Each kiddo will bring home the recipe and the skill to fix a taco dinner for the family!

INSTRUCTOR: Jenny Borchard

TIME: 5:00pm - 8:00pm

LOCATION: Haskell Rm 1

S1: June 24th | Friday | \$40.00

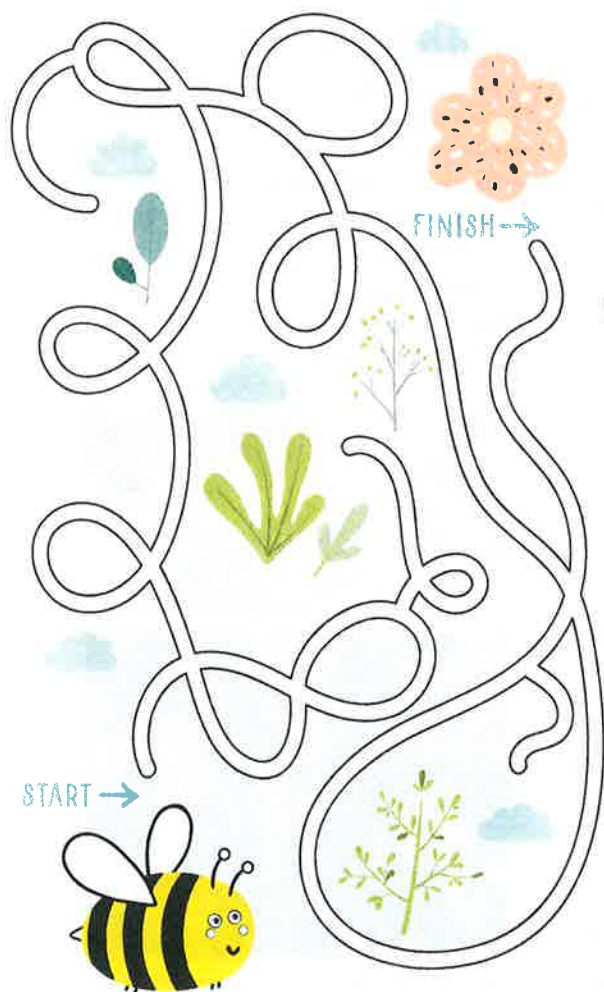


ROWDY'S ROCKIN' GAMES!

PARKS
REC
CAMPS
FUN
BADMINTON
BARBECUE
BASEBALL
CATCH
DOGS
FRISBEE
GARDEN
ICE CREAM
LAWN DARTS
LEMONADE

PLAYHOUSE
RELAX
SANDBOX
SEESAW
SHADE TREE
SLIDE
SPRINKLERS
SUNSHINE
SWIMMING
SWING SET
TIRE SWING
TRAMPOLINE
TREEHOUSE
WATERMELON

Z W B B V I D O E S D E P I R E C
U A R Q A S M S Q L E M O N A D E
B T X D G D U G T I R E S W I N G
R E T W L O M N B D F U N P S F P
T R V R H A B I S E Y C A F P W A
R M Y Y E K W A N H X G M R R O R
A E A E P E K N S T I B R I I R K
M L H P L S H M D E O N G S N L S
P O M T P T A O M A B N E B K O A
O N B M X E N L U L R A R E L A X
L V A Q R E P X V S I T L E E H Z
I C J C D C O O V R E S S L R F F
N B E R V B A R B E C U E G S U E
E C A S D E A T G F Q S E E S A W
I G G N L A R E C S W I N G S E T
V O A M Y G P I S H A D E T R E E
D S D S W I M M I N G P O L



FRUIT Crossword





Park Activities

Picnic
Cooking and eating our amazing food outdoors with joy & fellowship!
Central Park
Grab your picnic basket & go for a picnic!

Roller Skating
Grab your skates & go for a ride!

Art Outdoors
Grab your paints, pencils or even crayons and head out to the park!

Tennis!
Grab a friend & a racket & head to all courts at Platt Park!
Workmen's Tennis Court at Platt Park!



LEARNING TO PLAY PICKLEBALL

Ages 10+
Learn the very fun, and surprisingly addictive sport of pickleball, the great game with the silly name. By the end of the class, you will know how to play, which will allow you to join into games in the Rogue Valley or anywhere you may want to travel. Come learn why it's the fastest growing sport!

INSTRUCTOR: Joel Heller
S1: May 31st - June 7th | Tues. | \$39.00
Don Jones Park | 5:15pm - 7:00pm
S2: June 2nd - June 9th | Thur. | \$39.00
Bohner Farm Park | 10:15am - 12:00pm

IMPROVING YOUR PICKLEBALL GAME

Ages 12+
This class is for people who have been playing pickleball, but want to improve their game. We will work with refining a 3rd shot drop, dealing with bangers, and other skills, drills, and strategies to improve your skill set. Please bring your paddle and water to class.

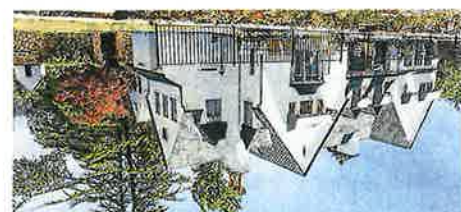
INSTRUCTOR: Joel Heller
LOCATION: Don & Flo Bohner Farm Park
TIME: 8:15am - 10:00am
S1: June 2nd - June 9th | Thur. | \$39.00



YOGA AT HUMMINGBIRD ESTATE

Ages 18+
Open your heart, hips and lungs on Sunday mornings at All Levels Yoga with Brienne. Take in stunning views as you focus on feeling good in your body. Afterwards, stay to enjoy food and wine, with a discount! Bring your yoga mat, water and sun protection. All levels welcome.

INSTRUCTOR: Brienne Derosier
1677 Old Stage Rd.
TIME: 10:00am - 11:15am
S1: July 3rd | Sunday | \$19.00
S2: July 17th | Sunday | \$19.00
S3: July 31st | Sunday | \$19.00
S4: August 14th | Sunday | \$19.00
S5: August 21st | Sunday | \$19.00



YOGA IN THE PARK

Ages 12+
Start the day off right with Yoga Basics in a peaceful park setting. Your body and mind will thank you for taking the time to breathe deeply, move around and connect to the natural world. Bring your yoga mat, water and sun protection. All levels welcome.

INSTRUCTOR: Brienne Derosier
LOCATION: Twin Creeks Park
TIME: 9:00am - 10:15am
S1: July 24th | Sunday | \$15.00
S2: August 7th | Sunday | \$15.00
S3: August 28th | Sunday | \$15.00



Instructor SPOTLIGHT

Kathryn Reppond

Kathryn has been working with mind body movement for the past 50+ years. She started out primarily as a ballet dancer in her teen years. Later she began to teach dance and other modalities. In her 20's she started to learn and teach yoga, then picked up Pilates, and is now exploring spiral movement. This latest method addresses movement of the entire body with more fluidity and a less linear type of movement. This spiraling or circular movement helps stimulate the nervous system and opens energy pathways to help strengthen your core.

Throughout the years Kathryn has learned and adapted to the changes and trends within the body movement community. When she became an instructor for Central Point Parks & Recreation about 6 years ago, she started out teaching mat Pilates. Later came a need for senior classes, then barre exercise movements and a morning yoga class. She has most recently created a class that incorporates elements from numerous modalities and systems she has studied. That class is Body Logic, which is an addition to our recreation schedule. In Body Logic, ease and intensity of movement meet each other. Kathryn wants movement to be accessible by anybody, regardless of age or ability.

Kathryn has been influenced by the American dancer, choreographer, and author Twyla Tharp. Twyla wrote a book called "Keep It Moving: Lessons for the Rest of Your Life" and Kathryn says it has been a "big thrust" in the way that she teaches and how she handles life.

Kathryn's favorite thing about teaching with Parks & Recreation has been the community and the variety of people and age groups she gets to teach including seniors, mothers with their teenage daughters and even married couples. She finds our community "congenial and inspiring". She encourages anyone anxious to start a new class to "go for it" and to anticipate having a great experience and enjoy the comradery. Check out her class listings for Summer 2022 on pages 22 and 23.



Health & Fitness

EASY MOVEMENT YOGA

Ages 55+

Gain strength & flexibility as you de-stress this summer. Simple morning practices for better breathing, mobility, and posture can help get you through the day and improve your quality of life. Bring a mat, small blanket or towel, and water to class. Kathryn Reppond is a registered instructor with Yoga Alliance.

INSTRUCTOR: Kathryn Reppond

LOCATION: Haskell Rm 3

TIME: 10:30am - 11:30am

S1: June 7th - June 28th | Tuesdays | \$50.00

S2: July 5th - July 26th | Tuesdays | \$50.00



BODY LOGIC NEW!

Ages 16+

Offset the aging process by performing simple flexibility & strengthening techniques! Learn what a difference to your ease and range of movement can be gained through slightly adjusting posture and alignment. Exercises include stretching combined with isometrics, fascia releases, breathing facilitation and mindfulness approaches. Please bring a Yoga mat, blanket or towel, and water.

INSTRUCTOR: Kathryn Reppond

TIME: 10:30am - 11:30am

LOCATION: Haskell Rm 3

S1: June 1st - June 29th | Wed. | \$62.00

S2: July 6th - Aug. 3rd | Wed. | \$62.00





PILATES MOVEMENT LEVEL 1 - FOR BEGINNERS

Ages 16+

Build awareness through movement linked with breath as you train core muscles. Exercises utilize the building blocks of core strengthening, balance, flexibility, alignment and stamina. Bring a mat, small blanket or towel, and water.

INSTRUCTOR: Kathryn Reppond

TIME: 12:00pm - 1:00pm

LOCATION: Haskell Rm 3

S1: June 7th - June 28th | Tuesdays | \$50.00

S2: July 5th - July 26th | Tuesdays | \$50.00

PILATES MOVEMENT LEVEL 2 - INTERMEDIATE

Ages 16+

For students with Mat Pilates experience. Build awareness through movement linked with breath as you train core muscles. Exercises utilize the building blocks of core strengthening, balance, flexibility, alignment and stamina. Bring a mat, small blanket or towel, and water.

INSTRUCTOR: Kathryn Reppond

TIME: 12:00pm - 1:00pm

LOCATION: Haskell Rm 3

S1: June 1st - 29th | Wednesdays | \$62.00

S2: July 6th - Aug. 3rd | Wednesdays | \$62.00



YOGA BASIC

Ages 16+

Designed for beginners who want to learn basic yoga postures. Using a breath centered approach we work towards calming the mind, developing core strength, flexibility & improving balance. Props are used to modify the practice, making it accessible to all. A certain level of mobility is required. Bring yoga mat, Mexican blanket & water to class.

INSTRUCTOR: Sandy Dennis

LOCATION: City Hall Rm 1

TIME: 3:00pm - 4:00pm

Session 1:

June 6th - June 27th | Mondays | \$40.00

Session 2:

June 8th - June 29th | Wednesdays | \$40.00

Session 3:

July 11th - August 8th | Mondays | \$50.00

Session 4:

July 13th - August 10th | Wednesdays | \$50.00



YOGA FLOW

Ages 16+

This is a traditional breath centered yoga flow practice that focuses on calming the mind while building endurance, strength and flexibility. Students explore Sun Salutations and many other postures (some intermediate level). A certain level of mobility is required. Bring yoga mat, Mexican blanket & water to class.

INSTRUCTOR: Sandy Dennis

LOCATION: City Hall Rm 1

TIME: 4:30pm - 5:30pm

Session 1:

June 6th - June 27th | Mondays | \$40.00

Session 2:

June 8th - June 29th | Wednesdays | \$40.00

Session 3:

July 11th - August 8th | Mondays | \$50.00

Session 4:

July 13th - August 10th | Wednesdays | \$50.00



FCBD® STYLE BELLY DANCE

Ages 16+

In this on-going class series, you'll learn the basic system of ATS® in a fun and supportive environment. Dance Fundamentals will have you dancing in your very first class! Each one-hour class is divided into two sections: Drill It! - Learn the basic movements of ATS® with minimal verbal instruction and lots of following along, committing the steps to muscle memory with fun workout-style drills. Dance It! - Experience the magic of ATS® and learn how to use the basic steps to dance with partners in duet, trio and quartet formations.

INSTRUCTOR: Kristi Whetten

LOCATION: Haskell Rm 3

TIME: 6:00pm - 7:00pm

S1: June 8th - July 20th | Wed. | \$65.00

S2: July 27th - Sept. 7th | Wed. | \$65.00

PEDIATRIC CPR

Ages 10+

Medic First Aid Pediatric Plus: Managing illness and injuries in adults, children & infants in the first few minutes until professional help arrives. First Aid Basics, Medical Emergencies, Injury Emergencies, Environmental Emergencies, CPR and AED. This is a hybrid class that takes place online and in-person. The online portion must be completed before the in-person skill session. Please bring your completion certificate to the skill session.

INSTRUCTOR: First Response - First Aid & CPR Training LLC

LOCATION: REC A Classroom

TIME: 6:00pm - 7:00pm

S1: June 21st | Tuesday | \$55.00

S2: July 19th | Tuesday | \$55.00





**Medicare
Education**

Monthly Workshops Available

- Gain an understanding of how Medicare works.
- Learn the difference between Medicare Advantage and Medicare Supplement plans.
- Learn how to find the best plan for you.
- Discover how Medicare prescription drug plans work.



Melissa Mlasko



Linda Clarkson

**Call 541.973.2100 for
upcoming workshops
in your area.**



FUTURITY FIRST.

Futurity First is not connected with or endorsed by the United States government or the federal Medicare program. For accommodations for persons with special needs, call 541.973.2100, TTY 711.

16506_1221



Gather & Make Series

with

Direct Involvement Recreation Teaching

- ✿ This program is open to all ages, free of charge and designed to build community.
- ✿ Exploratory activities like creating bug homes, stamp making with nature, seed collection and storing.



WWW.MYDIRTPARK.ORG



sponsored by
Southern Oregon



ENRICHMENT

SMALL BUSINESS HR SERIES

Join us for this 6-week series that will provide a basic framework for small business human resources. Choose one class, or all of them!

INSTRUCTOR: Heather Allen

LOCATION: Haskell Rm 2

TIME: 5:30pm - 7:30pm

S1: Effective Communication

July 20th | Wednesday | \$13.00

S2: Business Writing

July 27th | Wednesday | \$13.00

S3: Leadership Development

August 3rd | Wednesday | \$13.00

S4: Time Management/Productivity

August 10th | Wednesday | \$13.00

S5: Customer Service

August 17th | Wednesday | \$13.00

S6: Working With Different Personalities

August 24th | Wednesday | \$13.00



MEDICARE 101

Learn about Medicare Parts A, B, and C and prescription drug plans, Part D. Gain an understanding of Medicare Advantage and Supplemental Plans, and learn how to determine which type of plan best meets your needs. Discover how Medicare works with the VA, and learn about a program that may help pay some or all of your prescription drug costs.

INSTRUCTORS: Linda Clark & Melissa Mlasko

LOCATION: Haskell Rm 2

TIME: 5:30pm - 6:30pm

S1: June 21st | Tuesday | Free

S2: July 19th | Tuesday | Free

S3: August 16th | Tuesday | Free



CARVING ON CLAY

Students will design and carve on a pre-made tumbler that is provided. The technique is called sgraffito. Students will collect their finished pieces 1-2 weeks after the class.

INSTRUCTOR: Summer Brendlinger

LOCATION: CraterWorks MakerSpace

TIME: 5:00pm - 8:00pm

S1: July 22nd | Friday | \$40.00

GUITAR WORKSHOP

This is the perfect guitar class for anyone who has never picked up a guitar before, or for anyone that has struggled with traditional lessons in the past. With this simple, step-by-step approach you'll be playing songs you recognize within the first 15 minutes of picking up your instrument! Intended for new musicians at least 15 yrs old, and no one is too old to start. Instruments will be provided at the location but you can also bring your own guitar. Presented by Rogue Music Lessons.

If students do not already have a guitar then they should contact Rogue Music Lessons at (541) 292-4247 at least one week before the start of the class to reserve a free rental guitar.

INSTRUCTOR: Rogue Music Lessons

LOCATION: Haskell Rm 3

TIME: 5:15pm - 6:00pm

S1: June 7th - June 28th | Tuesdays | \$60.00

S2: Aug. 2nd - Aug. 23rd | Tuesdays | \$60.00



COOKIE DECORATING WITH ROYAL ICING

Beginner level. Learn about working with royal icing consistencies with practice sheets, then decorate 6 pre-baked (provided) sugar cookies. Learn to flood, wet-on-wet techniques, and some detail work. Box provided to transport cookies home. All other materials provided.

INSTRUCTOR: Marne Borecki

LOCATION: Haskell Rm 1

TIME: 6:00pm - 8:30pm

S1 Spring Flowers:

June 16th | Thursday | \$48.00

S2 Summer Picnic Theme:

July 14th | Thursday | \$48.00

S3 Birthday Theme:

August 11th | Thursday | \$48.00



COOKIES



WATERCOLOR COOKIE DECORATING WITH ROYAL ICING

No painting experience needed! Use food colors to paint on sugar cookies! We will practice flooding 3 cookies, then we'll play with different techniques of painting on royal icing with food color paint, using brushes, markers and stencils. 3 iced cookies will be provided to create in class. Students will take home their finished projects, and 3 more cookies to finish at home, along with 'paint' and brush.

INSTRUCTOR: Marne Borecki

LOCATION: Haskell Rm 1

TIME: 6:00pm - 8:30pm

S1: August 25th | Thursday | \$48.00



CENTRAL POINT SENIOR RESOURCE CENTER

123 N. 2nd St, Central Point, OR 97502 | 541.734.9505 | RVCOG.ORG

We're excited to announce that the Central Point Senior Resource Center, formally known as the Central Point Senior Center, will be providing full services in the near future. The facility, operated by the Rogue Valley Council of Governments, is currently preparing meals for home delivery through the Food & Friends Senior Meals Program.

By late spring or early summer on-site congregate lunches will be available Monday through Fridays between 11:30 AM and 12:30 PM. While a donation of \$2.75 will be requested, no eligible individual will be turned away for inability to pay. Anyone 60 or older or the spouse of someone 60 or older will be eligible to attend lunch.



Food & Friends is the only Meals on Wheels program serving Jackson and Josephine Counties. We deliver meals to the homes of seniors who are unable to shop or

prepare meals due to illness, injury, or disability. Meals are also available for eligible adults with disabilities. In addition to the meals we serve, our service provides vital social contact and a regular safety net check to recipients of our meals.

RVCOG will need volunteers to assist with serving on-site meals and is always looking for assistance with meal deliveries. For more information about the meal program or volunteering with Food & Friends you can visit RVCOG.ORG or call (541) 734-9505.

The City of Central Point Recreation Program will partner with RVCOG to develop on-site programs specifically designed for seniors. The goal is to create a space that is welcoming to all seniors in Central Point, a place to get a cup of coffee, a snack and play a few hands of cards if you wish.

THRIFT STORE

The Central Point Senior Resource Center Thrift Store is OPEN for business, Mondays through Fridays from 9:00 AM to 1:00 PM and Saturdays from 10:00 AM to 3:00 PM! The store has a great selection of gently used clothing, kitchen wares, and other items. Drop by, browse, and meet our very helpful volunteer staff.



AARP SAFE SMART DRIVER CLASS

Ages 50+

This course is the nation's first refresher course specifically designed for drivers age 50 and older. In many states, drivers may benefit from a discount on their auto insurance premium upon completing the course. And you will learn something new along the way. In fact, an evaluation of the course found that 97% of participants changed at least one driving habit as a result of what they learned.

LOCATION: Central Point Senior Resource Center, 123 N. Second Street, CP

TIME: 1:30pm - 4:30pm

Session 1: June 13th & June 14th

Cost: AARP member cost \$20; Non-member cost \$25

Call RVCOG at 541-664-6674 to reserve a seat (money is cash or check paid at the beginning of the first class).



INTRO TO WOODCARVING

Ages 14+

Christmas in July! Join Central Point Woodcarvers as they teach you how to carve a wooden ornament by hand. All materials are provided for this 3 part class. You will first learn the basics of woodcarving and carve out the perfect ornament shape, plus, you will learn how to paint your ornament. You'll leave with a newfound skill of woodcarving just in time for the holidays!

INSTRUCTOR: Ron Chappell

LOCATION: Senior Resource Center

TIME: 12:00pm - 3:00pm

S1: July 9th - July 23rd | Saturdays | \$10.00



SENIOR STRENGTH & MOBILITY

Ages 50+

Join us for a morning of stretching and mobility training with our wonderful new instructor. Margie is a Personal Trainer and is certified by the American Council for Exercise. She specializes in specific exercises and mobility training for seniors.

INSTRUCTOR: Margie Krakow

LOCATION: Haskell Rm 3

TIME: 9:30am-10:30am

S1: June 2nd - Aug. 25 | Thursdays | Free!

SENIOR GAMES!

Ages 50+

Central Point Parks and Recreation is happy to sponsor this FREE afternoon filled with games and activities that will allow you to meet new people or catch up with old friends. We will have a variety of card games available such as pinochle, gin or rummy. We will also have great classic board games like Scrabble, Backgammon and more. A big thanks to our partners at The Central Point Parks & Recreation Foundation & The Central Point Senior Resource Center. No registration is required & for more information call us at 541.664.3321 x130.

LOCATION: Senior Resource Center

TIME: 1:30pm - 3:30pm

DATE: Thursdays



KNITTING NIGHT!

Ages 7+

We are excited to bring back Knitting Night! This is a class for beginning and advanced knitters in a relaxed atmosphere. Students may bring patterns they are interested in or use the ones provided. *What to bring:* Beginning knitters need to bring Size 7 or 8 knitting needles, preferably wooden, and worsted weight yarn. Advanced knitters may bring the project they are currently knitting or a pattern and materials for a new project.

INSTRUCTOR: Barbara Davis

LOCATION: Senior Resource Center

TIME: 6:00pm - 7:30pm

S1: June 1st - June 22nd | Wed. | \$27.00

S2: July 6th - July 27th | Wed. | \$27.00

S3: Aug. 3rd - Aug. 24th | Wed. | \$27.00



SENIOR PAINT 'N PARTY

Ages 55+

Add a splash of joy and color to your life! Join Charity as she walks you through painting artwork that will make you smile! All skill levels are welcome!

INSTRUCTOR: Charity Williams

LOCATION: Senior Resource Center

TIME: 2:00pm - 3:30pm

S1: June 28th | Tuesday | \$5.00

S2: July 12th | Tuesday | \$5.00

S3: July 19th | Tuesday | \$5.00

S4: July 26th | Tuesday | \$5.00

S5: August 9th | Tuesday | \$5.00

S6: August 23rd | Tuesday | \$5.00

LOCAL COMMUNITIES



MEDFORD

PARKS, RECREATION AND FACILITIES

Medford Parks, Recreation & Facilities is the primary regional service provider for year-round adult sports leagues and affordable youth sports programs.

Youth Sports Camps / Programs

Jr. Giants

Little Hoopsters

Soccer, Softball
and Volleyball
Camps



Adult Sports Leagues

Basketball

Soccer

Softball

Volleyball



For more information:

541.774.2400

playmedford.com

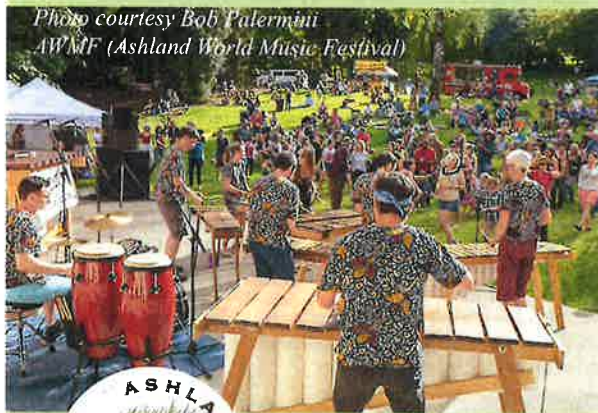
sportsmedford.com



ASHLAND PARKS & RECREATION COMMISSION

APRC

*Photo courtesy Bob Palermini
AWMF (Ashland World Music Festival)*



SUMMER Events with APRC

MAY...

Ashland World Music Festival

JUNE...

Pollinator Week

JULY...

4th of July Run 10K or 2 mile

"Fun, It's in Our Nature!"

ASHLANDPARKSANDREC.ORG

ParksInfo@ashland.or.us | 541.488.5340

Facebook & Instagram @AshlandParksandRec

#AshlandParksandRec #APRC

#AshlandWhatToDo #FunItsInOurNature

THANK YOU to our Sponsors

We have had a great season of special events and none of these could be possible without the help of our amazing sponsors! A big thanks to each and every business that helped Central Point Parks and Recreation host some wonderful events for our community. Looking to get involved or give back, email us at parks@centralpointoregon.gov to find out more!



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NEW RECREATION CLASSROOMS

— AT THE —
*PUBLIC WORKS
OPERATIONS CENTER*

CENTRAL POINT PARKS AND RECREATION IS EXCITED TO ANNOUNCE OUR NEW BUILDING IS ALMOST COMPLETE! IN ADDITION TO OUR RECREATION CLASSROOM ON S. 4TH STREET, WE WILL NOW HAVE TWO LARGE OPEN CLASSROOMS AS WELL AS A TEACHING KITCHEN. PLEASE BE SURE WHEN REGISTERING FOR CLASSES THAT YOU TAKE NOTE OF THE CLASSROOM LOCATION. WE LOOK FORWARD TO SEEING OUR COMMUNITY IN OUR NEW SPACE SOON.


 **PUBLIC WORKS OPERATIONS CENTER**
235 S. HASKELL STREET
CENTRAL POINT, OR 97502 

Como Registrarse para Clases

la registraci3n est1 abierta para todos los residentes de Central Point y no residentes (cualquier persona localizada fuera del c3digo postal 97502). Todas las registraciones son aceptadas por orden de llegada. **Registrate Pronto; muchas clases se llenan r1pido. Las clases pueden ser canceladas si no se llega a el m1nimo numero de participantes.** Los participantes ser1n notificados por medio de mensajes de texto o correo electr3nico si se cancelan o reprograman las clases.

 **En L1nea: www.centralpointoregon.gov/schedule**

Puedes navegar las listas de programas por tipo de actividad y/o localizaci3n, registrarte y pagar en l1nea. Para registrarte en l1nea necesitas crear una cuenta y pagar con tarjeta Visa o MasterCard. Para crear una cuenta, haz click en la secci3n "Log In/Create Account". Cuando agregues tu n1mero de tel3fono, por favor incluye tambi3n tu proveedor de servicio para poder enviarte mensajes de texto con informaci3n actualizada de las clases. i.e. cancelaciones, cambios de locaci3n, etc.

 **Por Tel3fono: 541-664-3321 ext. 130**

Puedes llamar al Departamento de Parques y Recreaci3n de Lunes a Viernes de 8:30 a 4:30 pm para asistencia en crear tu cuenta o registrarte para clases recreacionales. Ten listo el nombre de la clase(s), fecha(s), y tu n1mero de tarjeta Visa o MasterCard.

ESPAÑOL- PROGRAMAS DE VERANO

Las clases son en Ingles

CAMPAMENTO DE BALONCESTO

EDAD 5+

Ven a entrenar con el coach Dippel y el coach Heard. Los ni1os y las ni1as son bienvenidos. Trabajaremos en las habilidades introductorias y de nivel intermedio de baloncesto. Los jugadores trabajar1n con el manejo de la pelota, el pase y el tiro. Los jugadores tambi3n obtendr1n una compresi3n b1sica de la defensa "en la pelota" y jugar1n muchos juegos de tama1o peque1o. QU3 LLEVAR: Tenis para la cancha, botella de agua y un baloncesto de 27.5 " tama1o junior para interiores o exteriores (tambi3n tendremos pelotas de baloncesto disponibles).

DIA DE PARQUES Y RECREACI3N

!Acomp1ananos para un d1a completo de diversi3n en el D1a de Parques y Recreaci3n, el s1bado 25 de junio de 9 a 1 pm en el parque Bohnert Park! Nuestros instructores de clase y nuestro personal de parques recreaci3n estar1n disponibles para proporcionar actividades GRATUITAS, mini-clases dirigidas por instructores, casas inflables, juegos, manualidades y mucho m1s.

DIAS DE CAMPAMENTO DE VERANO CON ROWDY THE RACCOON

EDAD 6-12

!Ven a pasar el verano con el departamento de Parques y Recreaci3n! Nuestros campamentos de verano incluyen manualidades, juegos al aire libre, STEAM, viajes virtuales, y semanas de diversi3n y actividades. Cada semana es un tema diferente que har1 que el aprendizaje sea divertido y emocionante. Nuestros campamentos de verano son para ni1os de 6 a 12 a1os, reg1strate durante una semana y obt3n un descuento si te inscribes para varias semanas. !Los primeros 20 ni1os que se inscriban en un campamento reciben una bolsa de regalo de Rowdy the Raccoon gratis!

YOGA B1SICA

EDAD 16+

Dise1ado para principiantes que desean aprender posturas b1sicas de yoga. Usando un enfoque centrado en la respiraci3n, trabajamos para calmar la mente, desarrollar la fuerza central, la flexibilidad y mejorar el equilibrio. Los accesorios se utilizan para modificar la pr1ctica, haci3ndola accesible a todos. Se requiere un cierto nivel de movilidad. *Las clases son en Ingles*

CAMPAMENTO DE CONCINA PRINCIPAL

EDAD 7-14

!Une te a nosotros para un campamento de cocina para ni1os lleno de acci3n que capacitar1 a su hijo con las habilidades necesarias para preparar bocadillos, desayunos, almuerzos y cenas saludables. Los campamentos funcionan 4 d1as seguidos durante 3 horas cada d1a. Nuestros campamentos de d1a a d1a incluyen actividades divertidas adicionales como concursos de cocina, actividades de acondicionamiento f1sico, juegos de nutrici3n, videos de cocina y m1s. !El campamento incluye una receta completa y un libro de actividades!

CAMPAMENTO DE LA CROSSE

EDAD 7-14

Ni1os y ni1as sean parte del primer campamento de Lacrosse en Central Point organizado por la Rogue Valley Youth Lacrosse Association. Los campistas aprender1n la historia y fundamentos de Americas First Sport. Concursos y premios diarios. No se requiere experiencia. Los campistas deben vestirse para el atletismo, traer una botella de agua y un snack. Los campistas proporcionar1n su propio equipo de Lacrosse. La lista de verificaci3n del equipo necesario se puede encontrar en usalacrosse.com. El equipo tambi3n est1 disponible para pr3stamo.

Para m1s informaci3n, preguntas y/o asistencia en espa1ol contacte a Margarita al 541-664-3321 ext. 201



PARKS & RECREATION

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UPCOMING SPECIAL EVENTS

June

PARKS & RECREATION DAY

JOIN US FROM 9-1PM AT DON & FLO BOHNERT FARM PARK FOR A DAY FILLED WITH INSTRUCTOR DEMONSTRATIONS, ACTIVITIES, GAMES & CRAFTS. BEST OF ALL IT'S FREE FOR THE EVERYONE!

PARADE & FREEDOM FESTIVAL

July

THE CENTRAL POINT CHAMBER OF COMMERCE & THE CITY OF CENTRAL POINT WELCOME YOU TO A DAY OF ACTIVITIES THIS 4TH OF JULY. OUR PARADE STARTS AT 9:30AM AND THE FREEDOM FESTIVAL AT PFAFF PARK FROM 10:30-2:30PM.

July

RUN 4 FREEDOM & KIDS FUN RUN

4TH OF JULY'S FAVORITE RUN IS BACK! RUN 4 FREEDOM 5K STARTS THE DAY AT 7:30AM. THE KID'S FUN RUN STARTS AT 8:45AM AND IS FREE FOR KIDS UNDER 16. ALL EVENTS START ON PINE STREET IN CENTRAL POINT. SPONSORED BY ANYTIME FITNESS & CENTRAL POINT FOUNDATION.

Sept.

MADE IN SOUTHERN OREGON

THE VALLEYS BIGGEST MAKERS EVENT IS BACK AND BETTER THAN EVER! JOIN US ON PINE STREET FROM 9-4PM AS OUR MAKERS SHOWCASE THEIR AMAZING CREATIONS. WE WILL HAVE OVER 100 OF THE FINEST CREATORS IN JACKSON COUNTY, YOU WON'T WANT TO MISS IT!

MOVIES IN THE PARK

June Starts

FRIDAY NIGHT MOVIES ARE BACK AND WE ARE SO EXCITED TO GREET OUR COMMUNITY IN OUR BEAUTIFUL PARKS. OUR SUMMER MOVIE SEASON BEGINS ON JUNE 3RD AND WILL CONTINUE ALL SUMMER. FOLLOW US ON FACEBOOK FOR OUR OFFICE SUMMER MOVIE LIST.

For more event information, visit www.centralpointoregon.gov